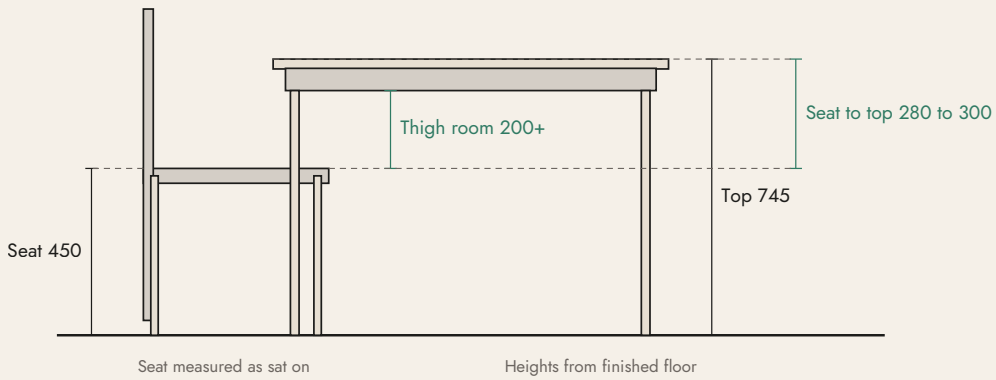
Table *heights* and the seat they pair with

A standard dining table is 720 to 760 mm high, and the figure that matters is the gap to the seat: the top should sit about 280 to 300 mm above a chair seat. Counter and bar tables are set from their stools the same way. This sheet gives the heights, the rule, a worked example and wording you can paste into a specification.

AT A GLANCE

Table	Typical height	Seat it pairs with	Notes
Dining table	720 to 760 mm	Chair seat 430 to 480 mm	740 to 750 mm is the usual choice. Top sits 280 to 300 mm above the seat.
Restaurant or banquette table	720 to 760 mm	Banquette seat 430 to 460 mm	Set from the finished seat, which compresses in use.
Meeting or boardroom table	720 to 760 mm	Adjustable office chair	The chair adjusts, so the table stays in the dining range.
Desk	720 to 760 mm fixed; about 650 to 1,250 mm sit-stand	Adjustable office chair	A height-adjustable desk covers sitting and standing.
Coffee table	380 to 450 mm	Sofa seat, usually 400 to 450 mm	Level with, or a little below, the sofa seat.
Side or end table	500 to 600 mm	Sofa or chair arm	Level with, or just below, the arm.
Console or hall table	760 to 900 mm	None	Behind a sofa, stay below the top of the sofa back.
Counter-height table	900 to 950 mm	Stool seat 600 to 680 mm	Matches a kitchen worktop. Top 220 to 300 mm above the seat.
Bar-height table	1,000 to 1,100 mm	Stool seat 700 to 780 mm	Usually with a foot rail.
Lounge or cocktail table	450 to 600 mm	Low lounge seating	Lower, and closer together, for a longer evening.

Millimetres, measured from the finished floor. 720 to 760 mm is 28 to 30 inches; a 900 mm counter is about 35 inches; a 1,070 mm bar is 42 inches.



Dining chair and table in side view, in millimetres. Original drawing by Make Bespoke Studio, not to scale for production.

SPECIFICATION WORDING

DINING OR MEETING TABLE

Finished table height [745] mm to the top surface, measured from finished floor level. Chair seat height [450] mm as used (upholstery compressed). Seat-to-top gap [295] mm (280 to 300 mm). Underside of apron or rail not lower than [seat height + 200] mm. Finished height to be written on the shop drawing.

COUNTER OR BAR TABLE

Finished table height [900 or 1,050] mm to the top surface, measured from finished floor level, to suit stools with a seat height of [650 or 750] mm. Top [220 to 300] mm above the stool seat. Foot rail at [ ] mm above finished floor level.

TABLE ON A BANQUETTE

Finished table height [740] mm, set from the finished banquette seat height of [450] mm (upholstery compressed), with [290] mm between seat and top. Base placed clear of the knees. Heights to be confirmed on a mock-up with the real seat before production.

TERMS USED

Apron

The rail that runs just under a table top between the legs. A deep apron reduces thigh room, so it affects how comfortable the table is with the chair.

Finished floor level (FFL)

The height of the completed floor surface, including any carpet, rug allowance or underfloor build-up. Furniture heights are measured from it.

Finished seat height

The height of the top of the upholstered seat above the finished floor. It is different unloaded and when sat on, because foam and feather compress, so drawings should state which one they mean.

Thigh room

The clear space between the top of the seat and the underside of the table apron or rail, so that thighs and knees can slide under without catching.

Counter height

A table or surface at about 900 to 950 mm, the height of a kitchen worktop, used with stools of about 600 to 680 mm.

Bar height

A table or surface at about 1,000 to 1,100 mm, used with stools of about 700 to 780 mm and usually a foot rail.

STANDARDS AND SOURCES

- BS 8300-2:2018: Design of an accessible and inclusive built environment (reference for accessible design; no figures quoted here).
- Make Bespoke Studio journal: Table heights: the full guide this factsheet summarises.

Full guide: https://makebespoke.com/trade/technical/table-heights. Make Bespoke Studio coordinates manufacture through its partner workshops. Figures are guidance only and your specification governs; some may be superseded, so contact the studio to verify.